

Tomas Durant

Essay

02-21-11

### My Most Memorable Patient and Experience

My most memorable patient and experience were during my maternity rotation. I was assigned to take care of one woman from Colombia who did not speak English, and she needed somebody to translate and help her to deliver the baby. Here I am on my first experience in delivering a baby by natural way. The process of delivery was long and very painful for her, but she insisted to deliver the baby without taking pain medication or any kind of surgery.

When the moment came, I do not know how I was standing there giving her support, translating for her, encouraging her to keep on pushing and breathing deeper, holding her legs and hands, and drying my tears with the sleeves of my uniform. Finally, the baby's head was half way out, and my patient was crying, yelling, and biting her lips, but continuously pushing hard until the baby's body came out completely. I looked at her crying, and I hugged her telling that she was my hero. Minutes later, it was amazed to see mother and baby bounding together like just one person. Both were having so close identification looking to each other.

Since that day my perception changed so much toward women. I could not believe what I just saw. I was there shaking, trembling, sweating, and almost to the point of collapse. It seemed like it was me who was delivery the baby. However, it was amazing to see the mother and baby bounding together in one person. Few hours later, I was calling to my mother to tell her how much I love her knowing that she went through the same experience three times losing one of them.

On the other hand, I felt bad about myself because I always thought men were stronger physically and emotionally than women, but after this experience my perception changed , not just women are as strong as men, they are also physiologically superior than men because they are able to carry and delivery babies by themselves. I personally think that it is not fair what Mother Nature has done depriving us the satisfaction to see a baby growing inside, enjoy the sensation of a baby moving, and the huge mission to deliver a new life to this world.